

Approaches Of Midface Fracture-Review

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Abstract:

Fractures of the mid face pose a medical complication for the their socio - economic impact, complexity ,frequency. Inter disciplinary approaches and up-to-date diagnostic and surgical techniques provide favourable results in the majority of cases though. Traffic accidents are lead to trauma mostly in male patients Treatment algorithms for nasal bone fractures, maxillary and zygoma fractures are widely agreed lead to trauma in frontal sinus and orbital .As for the fractures of the frontal sinus a strong tendency towards minimized approaches can be seen. Obliteration and cranialization seem to decrease in numbers. Some critical remarks in terms of high dose methyl prednisolone therapy for traumatic optic nerve injury seem to be appropriate.

Keywords: zygoma,maxilla, mandible,trauma.

Introduction:Midface trauma leads to laceration,fracture of zygomatic ,maxilla,zygomatic bone ,sphenoidal bone etc. Patients with midfacial fractures who do not undergo successful or appropriate treatment may suffer from significant long-term consequences such as disfiguring scars, bony deformities, or even loss of vision [4]. Relevant emotional and psychological problems may result from trauma[5],[6]. The successful treatment and rehabilitation of patients with anatomy, fractures, and techniques of osteosynthesis. Intraoperative cone beam radiographs and pre shaped titanium mesh implants for orbital reconstruction are new techniques and essential aspects in midface traumatology. The main focus is placed on bony injuries. Lesions of these of tissue are mentioned only if they are important for the respective pattern of injury. [1],[2].

Approaches

The individual approach depends on the underlying fracture: a transoral approach, transconjunctival incisions, an intra nasal approach, or a transcutaneous approaches may be appropriate [13],[18]. The access is chosen for optimal overview to facilitate reposition and osteosynthesis. Those approaches are mainly the transconjunctival and intra oral incisions that are some times technically challenging and need more time than the traditional transcutaneous and trans facial incisions [13], [22] . The broad acceptance of rigid endoscopes for visualization of complex anatomical relations, especially in sinus surgery of inflammatory diseases, led to basic changes of the

approaches and the surgical techniques also in traumatology. The objective is always to achieve atleast equivalent results of reconstruction with simultaneously lower morbidity.

Incision/approach Exposition/presentation

Incision/approach	Exposition/presentation
1. TRANS / INTRA ORAL APPROACH	
Superior vestibular sulcus incision(OSI)	Le fort 1 level Facial wall of maxillary sinus Zygomaticoalveolar crest Inferior nasal aperture Nasal floor and septum
2. TRANS CONJUNCTIVAL INCISIONS	
A. Inferior fornix	Inframedio orbital walls
B. Trans/pre caruncular	Medial orbital wall
C. Retro canthal	Lateral orbital wall
Combination of the above	Inferior circumference of internal orbit
Lateral canthotomy	Inferior circumference of internal orbit 210°
3. INTRA NASAL	Pterygoid cartilage Septum Nasal bridge
4. TRANSCUTANEOUS	
ANTERIOR	
Sub ciliary Infra orbital incision	Infraorbital Medio inferio lateral orbital walls
Lateral eyebrow incision	Frontal bone pillar Supero lateral orbit
Modified superior blepharoplasty incision	Frontal bone pillar lateral orbital wall zygomatico sphenoid suture
Glabella incision	Frontal sinus Nose Supra orbital region Medio superior orbital walls Ethmoid and medial canthal structures
POSTERIOR	
	Temporo parietal region infero orbital walls

Coronal incision With extension in pre or retro auricular direction	Ethmoid and medial canthal structures Frontal sinus Nose Supra orbital region Superior circumference of the internal orbit about 300°
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PRINCIPLES OF SURGICAL TREATMENT

The surgical reposition of fractures and osteosynthesis of patients with mid facial fractures is typically performed under general anaesthesia. duration of surgery performed in order to secure the occlusion. So it may be necessary to change the position of the tube during surgery from a nasal to an oral position or vice-versa. The treatment of a patient’s fracture with a midfacial trauma is usually performed in supine position [22]. In cases of intraoperative navigation, fixation of the head may be necessary [31].

Classification of Naso ethmoidal fracture according to Markowitz	
Central fragment, adhering to the canthal ligament	Therapy : fixing the fragment in position
Fracture consisting of several fragments	Fixing of fragment with adhering canthal ligament
Fracture consisting of several fragments , detached canthal ligament	Fixing the canthal ligament with sutures to fix bone or an osteosynthetic plate

In the context of surgical therapy of midfacial fractures, standard surgery sets are used. They are completed by specific osteosynthetic material [13], [32]. It consists of typical mini- and micro-plates of different shapes with according osteosynthesis screws of different length [33]. Absorbable osteosynthetic For naso - ethmoid fractures, absorbable materials are not established up to now. There is currently no literature allowing a comparison to titanium systems. In pediatric fractures they are applied in selected cases [38]. The arguments against absorbable materials are well known and yet undisputed. Generally, the bone fragments should be repositioned in their anatomically correct position and secured safely. The objective is the reconstruction of the form and function of the midface, as atraumatic as possible [42],[43],[44]. There construction of the correct occlusion is one of the most important objectives of surgical treatment of midfacial fractures affecting the teeth-bearing parts of the mid face [45]. Hence, in many cases atleast a temporary mandibulomaxillary fixation (MMF) via orthodontic arch wire plastic splint. Basically, however, the plates are positioned alongside the horizontal and vertical pillars of the midface. For osteosynthesis, generally mini - and micro-plates are applied that are fixed with mono cortical osteosynthetic screws. There position and osteosynthesis of an extended midfacial fracture generally starts with there construction and securing of the occlusion After that, after mandibulo-maxillary fixation of the correct occlusion, the central parts of the midface [13]. Each wrong positioning of the bony structures in the area of the mid face leads to in harmonic appearances of the facial soft tissue and thus to poor esthetical results. Additionally, massive functional disturbances such as impaired occlusion or vision may be the consequence.

Conclusion: Midface fractures are commonly encountered in the emergency department. A secure airway and control of bleeding is vital before initiating further examination and workup. Le Fort fractures rarely abide by the original classification scheme and are often asymmetric with varying degrees of comminution. The primary goal of reconstruction of the midface is dental occlusion that can be accomplished with intermaxillary fixation while anatomical Recontouring is achieved by orif.

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