

# HIGHLY ACCURATE PATIENT HEALTH MONITORING AND CONTROLLING BASED ON INTERMITTENT DATA ACQUISITION TECHNIQUE

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## *Abstract*

*In the medical field, heart disease is a significant and dangerous disease to increase the mortality rate, so heart disease predicts a different method. The heartbeat sensor is used to analyze the heart pulse through the fingertip, and its output value of the sensor is compared to the set value if any changes in the value are given the alert to the user. This frequent palpitation causes heart attacks. The system can store the potential victims of a heart attack. Patient monitoring systems are becoming increasingly important. Due to the emergence of heart disease, it monitors the health requirements of patients. Therefore, the system was developed to monitor patient health conditions such as temperature and patient heart rate. A temperature and heart rate sensor has been introduced to detect distress situations. This proposed Intermittent Data Acquisition Technique (IDAT) system monitors heart rate, detects heartbeats due to missing control technology, and transmits heartbeat data and sends it via the website to remote people or doctors to deploy mobile devices. To measure heartbeat through pulse sensors and microcontrollers based on the Intermittent Data Acquisition Technology (IDAT) process. The device puts a fingertip, an earlobe, or a wrist on the heart rate sensor so that everyone can monitor the real-time values taken after moving his/her heart rate.*

**Keywords:** *Intermittent Data Acquisition Technique (IDAT), heart analysis, temperature analysis, sensors.*

## **1. Introduction**

Heart rate is the arteries' rhythm that stretches through the blood as it is forced into a contract by the heart regularly. Heart rate measurements help assess a subject's cardiovascular condition. Heart rate monitors are very important for leading a healthy lifestyle. Stethoscope, advanced weight show, and electrocardiogram (ECG) are the most usually utilized strategies for compelling methods for a heartbeat. In any case, these gadgets are complicated to accommodate the overall population to use and can likewise be badly designed to convey.

Consequently, because of the prerequisite of having a lightweight, a simple to-utilize gadget can understand pulse checking and advise an individual in the event of respiratory failure. A coronary episode happens when the heart muscle doesn't get enough blood (regularly called dead myocardial tissue). Blood is the heart muscle that conveys oxygen and sustenance. The waxy substance is called plaque development in the coronary supply routes since it somewhat or forestalls blood pressure. Although this collection happens gradually throughout the years, hypertension, high blood fat, corpulence, smoking, over the top drinking, stress, and physical movement quicken the barricade procedure. Helpless bloodstream can harm or eventually execute the heart muscle.

The physical one of a system gadgets to the Internet permits access to remote sensor information and controls the association of the physical world from a separation. The Internet of Things depends on a vision. The new system is used to introduce for environmental monitoring is IoT, an Internet-connected embedded system. IoT describes a method to interface the controller and sensors of these devices connected to an organized association with the assistance of a remote web arrange association or a wired system association. Different broadly useful gadgets and sensors are related to the internet, and immense information and data measures are sent for additional investigation. A dangerous atmospheric deviation and the destructive impacts of the earth cause individuals to consider the earth's improvement. It is the work to check and confirm otherwise forests. With this in mind, the first stage of the project will be to monitor the forest environment at any given time and take the necessary measures is wanted. The

implemented model is based on sensor nodes. At the node, each sensor has a sensor module installed to collect environmental parameters.

## 2. Literature Survey

This is an automated process for the collection and analysis of cardiac graphics (CG) traces. A tri-axis accelerometer and microcontroller unit is used to record the heart-evoked recoil from the subject lying down [1]. We propose arterial blood pressure and plethysmographic signals from electrocardiogram to real-time photography, which are physical calculations of mixed signals, electronic monitoring of three important signs [2]. It has a new deep learning framework (small number) to effectively analyze heart rate (HR) information in collect biometrics (BID) in the walking environment and wrist-only, single-channel PPG signal in the walking environment [3]. It introduces wearable remote ECG and heart rate (HR), which has a novel structure, including an electrode monitoring system and redesigned stretch unimodal and ECG circuit [4].

It proposes a new modest multi-mode sensor for monitoring physiological parameters set in a single sensor, capacitive electrocardiogram (CECG), reflex photoplethysmography (rPPG), and monitor magnetic induction (MI) [5]. It proposes a medical information system, including a portable heart analyzer combined with an automated heart disease workplace using multi-agent technology [6]. It describes a technique that can be heart rate monitor, detects missing heartbeats due to premature ventricular beats (ventricular premature), deploys mobile devices, transmits heart rate, and is missing. The heartbeat sensed data is sent via the website to remote people and doctors [7]. It provides a means to reduce cardiovascular mortality caused by designing and implementing conditions for detecting the number of portable and cost-effective devices and monitoring heart rate [8].

The most significant part (transmitter) of any clinical emotionally supportive network is connected with the patient. In this manner, it must be, in particular, simple to utilize and convey [9]. When effectively repositioning the ultrasonic (US) sensor, we propose a method for fetal heart rate (FHR) monitoring (FHL) to assist clinicians in estimating the location of the fetal heart [10]. The different branches of electronics are solid-state, designed with the concept of digital appliances, and use an IR photodiode sensor to measure the heart rate of a person's heart from his fingertips [11]. Cardiac pulses are obtained using an IR fingertip sensor based on a biosignal

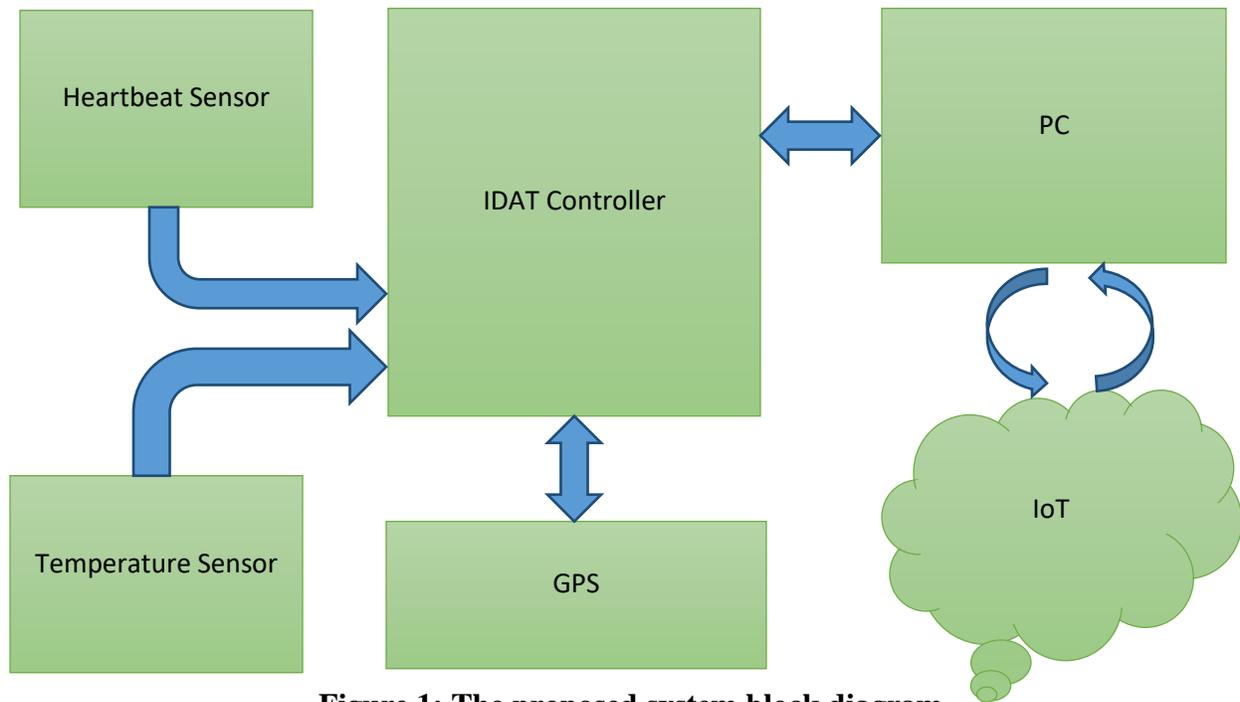
conditioning circuit designed to filter these signals and process them. Better yet, the processed signal is displayed on a 7-segment display using a microcontroller and counter-arguments [12].

Compressed Sensing (CS) has, as of late, been applied as a low-unpredictability pressure structure using wireless body sensor networks to monitor electrocardiographic signals for long periods [13]. To improve these patients' quality of life, this work proposed the development of fall detection and body position and heart rate monitoring system [14]. To improve these patients' quality of life, this work has led to the development of fall detection and body position and heart rate monitoring systems [15]. A current option with not very many free boundaries to tune the proposed framework has been demonstrated to be exact within sight of solid movement antiquities. This calculation has a low computational cost and can be utilized for wellness following and wellbeing checking of wearable gadgets [16].

It proposes a heartbeat monitoring system using an ECG sensor. To record electrical pulses via the myocardial ECG [17]. It proposes a wireless, battery-less heart monitor design. This measurement is made with a single lead raw signal ECG [18]. Pulse transit time (PTT) plays an important role here. Blood pressure changes depending on the situation, activity, and disease state [19]. Affected heart sounds generated by an advanced simulator with three conventional graphic representations: mitral regurgitation, aortic stenosis, and ventricular septal defect [20]. Advancements in the field of sensor innovation, scaling down of equipment, universal figuring, and availability arrangements made ready for wearable improvement for constant checking of physiological boundaries [21].

### **3. Materials and Methods**

The Proposed heartbeat, Intermittent Data Acquisition Technology (IDAT) controller, is developed to analyze the analog signal. As the cardiac pulse measure through the blood vessels, the fingertips become slightly opaque, as the low light detector and the individual cardiac pulse detectors modify the signal. This change is converted to an electrical pulse, and the signal is amplified and triggered at the + 5V logic level at the amplifier output to pass through the signal. In this cycle, it was uncovered that the distinction in the blood stream from the vein to the reflection brought about by the phototransistor mirrors the infrared light discharged to the finger with various forces.

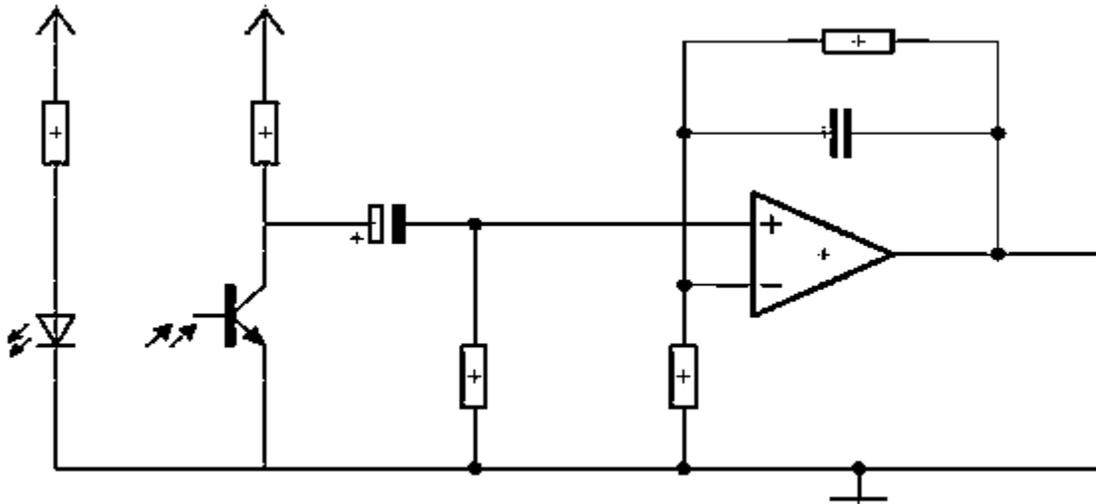


**Figure 1: The proposed system block diagram**

This distinguished sign is shipped off an ease microcontroller for purging and appropriately intensified, and the proposed structure is shown in figure 1. Indisputably the quantity of throbbing correspondent during a specific time stretch of the microcontroller provides a ratio within the patient's heart. According to the approximate recognition time zone, frequent failures are carried out when the assessment is intended to give an accurate assessment of cardiac rate.

### **3.1 Heartbeat Sensor**

Heart rate sensors provide an easy way to study the heart's functioning based on the principle of stimulating psychophysiological signals for use as a system. It measures of blood in patient fingers change over the long haul. At the point when the heart siphons blood through veins, the fingers are currently marginally unique. For this reason, there is less light reaching from the LED for detection. Each generated heart pulse and the detection signal change, and this change detection signal is converted into an electrical pulse. This electrical signal is enhanced and triggers the yield of the intensifier's rationale level sign to + 5V. The yield signal is appeared by a blazing LED show at every heartbeat.



**Figure 2: Heartbeat sensor circuit**

In hospitals, the patient's temperature and heart rate needs are usually monitored regularly by doctors and other medical staff, and they observe body temperature and heart rate. Doctors and other hospital managers keep a record of each patient's temperature and heart rate. The sensor circuit is shown in figure 2.

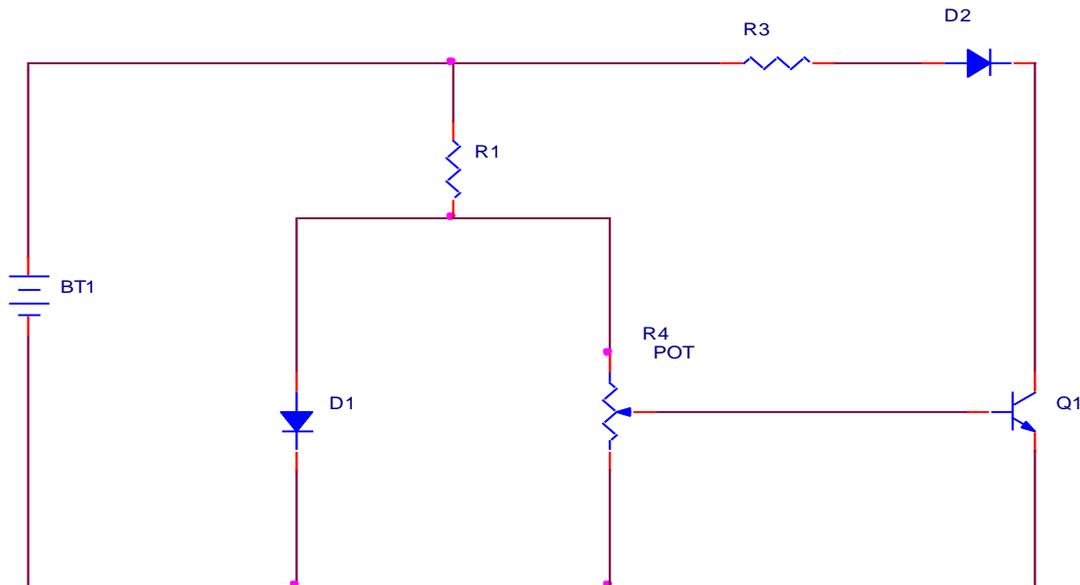


**Figure 3: Fingertip pulse analysis wearable device**

The Intermittent Data Acquisition Technique (IDAT) controller is used as a system-wide monitor of the patient's heart rate, pulse. The sensor is shown in figure 3. The work of the surveillance system project is shown with a block diagram containing various modules as a power block to power the entire circuit.

### 3.2 TEMPERATURE SENSOR

A temperature sensor calculates the patient's body temperature and a heart rate sensor that monitors the patient's heartbeat. At the transmitter, temperature sensors are used to continuously monitor the patient's temperature and heart rate and read the data being transmitted with the proposed Intermittent Data Acquisition Technique (IDAT) controller. The data gets transmitted first and then encoded into serial data through the IoT, and the temperature sensor circuit is shown in figure 4.



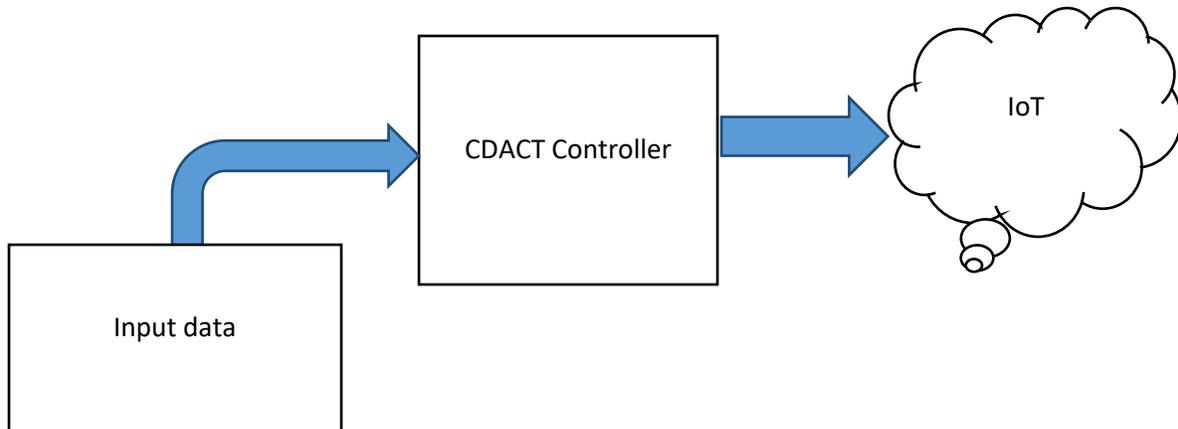
**Figure 4: Temperature sensor circuit diagram**

At the receiver, the collector is set at the opposite finish to get the information, and the got information is decoded utilizing a decoder and contrasted. The information is put away in the communicated information (internal heat level, pulse rate)in the proposed Intermittent Data Acquisition Technique (IDAT).

### 3.3 IOT

Controllers use the Internet of Things to monitor patient health via sensors, heart rate sensors and temperature sensors for data collected from patients and transmissions. The controller analyzes the sensor values and thresholds, and the change raises a controller alarm via the user's IoT. In this mode, all information was gradually practiced and confirmed by sensors sent to the remote assistance local program. This mode is the highest level of reconnaissance. A

cardiologist's needs are used in this case when using the health status of a particular patient or when making online predictions and conclusions; it can keep up with the changes. The patients are checking for coronary artery disease and are advised to enter this mode to ensure a high risk of repeated transient responses. Obviously, in this mode, the transmission and information measurements are huge on the server-side.



**Figure 5: Proposed IoT system**

The system is a completely wireless remote control and is intended to work according to the IoT's general modelis shown in figure 5. The model can continuously send basic information to the database of all data. There are various ways to integrate the sensor with the cloud, and throughout this day, the day will rise effectively. Using Internet observations, all sensors now revolve around different parameters. The information is then sent over a remote sensor in the cloud and a web association at the right time. There are various mists in the mists that are utilized to change the sensor. The primary motivation behind cloud conditions is to store and cycle data. Distributed computing over the Internet permits us to get to our applications, stages and foundation online from anyplace.The reconciliation of distributed computing and remote gadgets gives a spot to improve information stockpiling, framework, and investigate actual information.

### **3.3.1INTERMITTENT DATA ACQUISITION TECHNIQUE (IDAT)**

This the Intermittent Data Acquisition Technique (IDAT) is implemented to monitor the patient health monitoring via IoT, the main focus the patient health respect to the heart and temperature analysis.

**Step 1:** Start

**Step 2:** Initialize the sensor input value.

**Step 3:** The input data is sent to the controller, the value is compared to the threshold value to process.

**Step 4:** If any changes occur in the process, the signal is sent to the device, the GPS sends the location to the user.

**Step 5:** The Internet of Things (IoT) network can ensure sensors that retrieve continuously detected information, which provides a large amount of information to the controller.

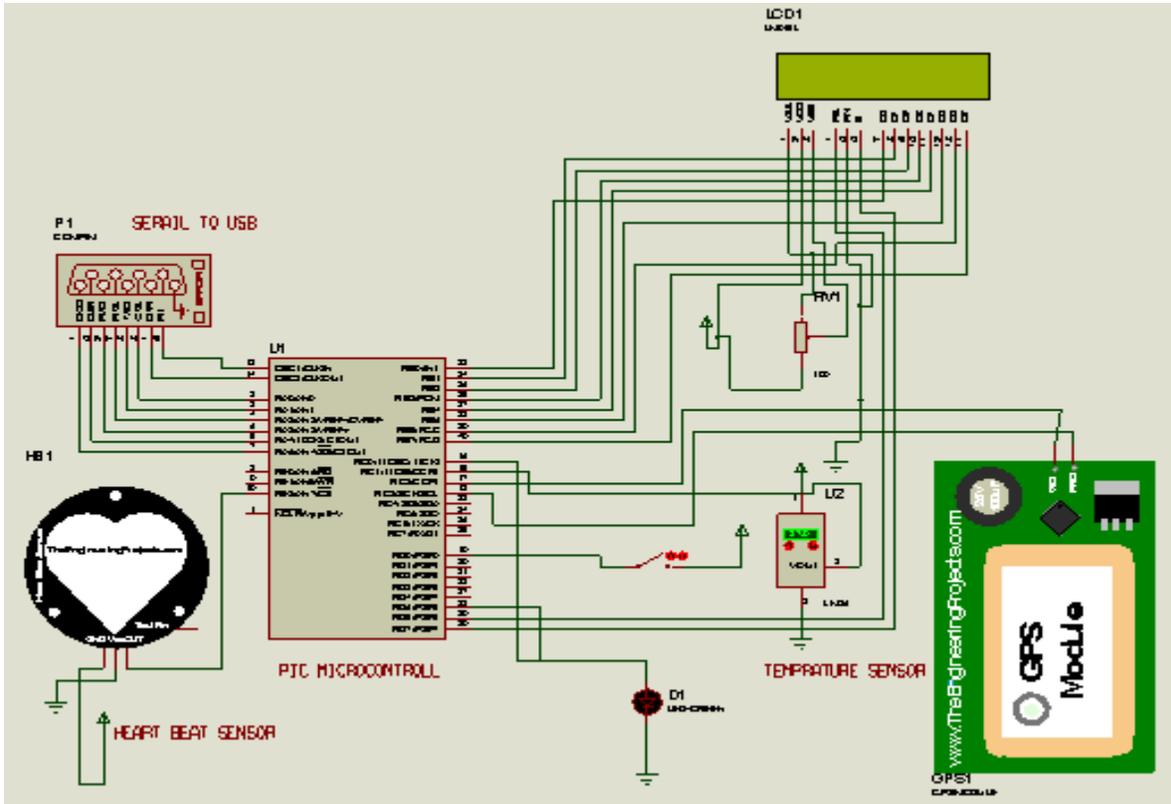
**Step 6:** An IoT server to store the sensed data and transmit it to the user to monitor the system information and control.

**Step 7:** Stop.

The proposed a Contextual Data Access Control Technique (CDACT) fix and access data from health conditions, that bases its predictions and alert to the user via the Internet of Things.

#### **4. Results and Discussions**

Simulation diagram of the proposed Intermittent Data Acquisition Technology (IDAT) system. In this diagram, all the sensor models are presented, and all the sensor is connected to the controller. The serial port is used to send the data to IoT in serial and communicate with each other. The communication of this system is based on GSM and GPS modules.



**Figure 6: Proposed Intermittent Data Acquisition Technique (IDAT) simulation model**

This proposed IoT-based health monitoring system is based on Intermittent Data Acquisition Technology (IDAT) for faster operation, and it gives better performance results, and the values are given below.

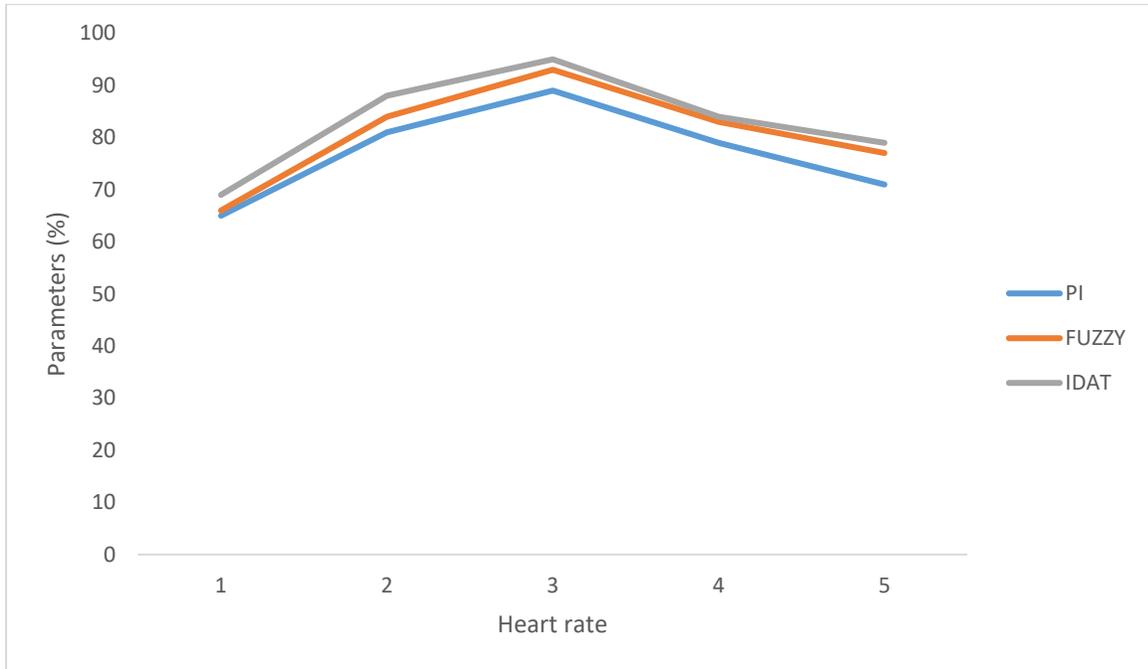
**Table 1: Parameters of the heartbeat sensor**

<i>PARAMETER</i> <i>(Heart rate)</i>	<i>PI</i>	<i>FUZZY</i>	<i>IDAT</i>
1	65	66	69
2	81	84	88
3	89	93	95
4	79	83	84

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71	77	79
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Table 1 shows the ultrasonic sensor's performance parameters to compare the Existing PI and FUZZY over the proposed Intermittent Data Acquisition Technique (IDAT) system; it should analyze the BPM of the patient.



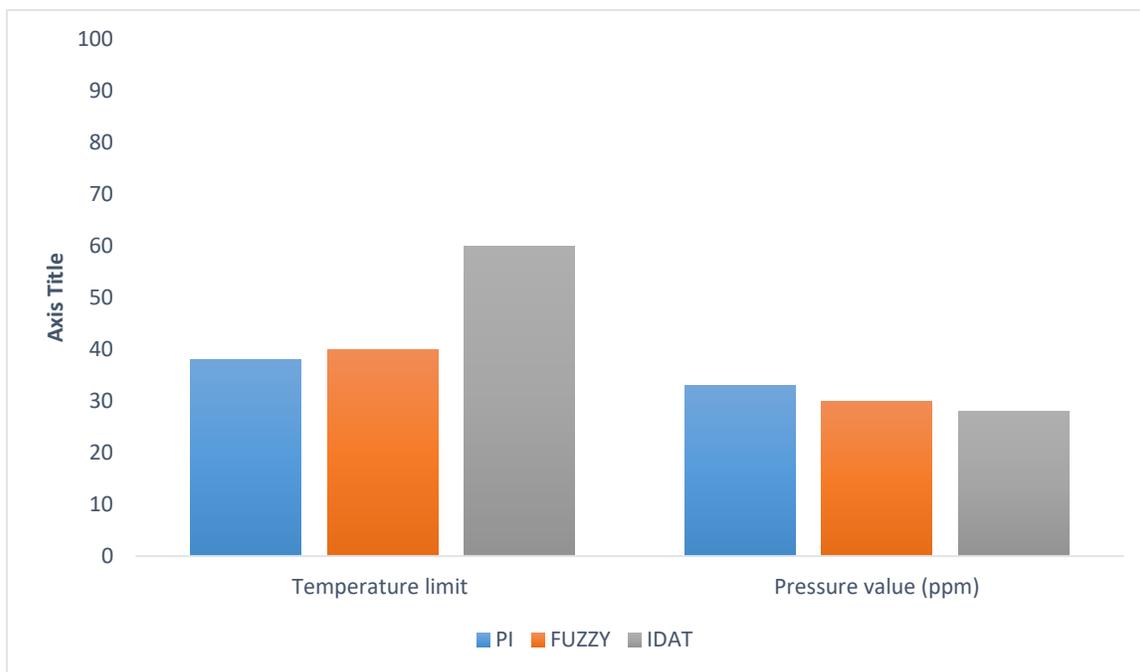
**Figure7:Sensor Value Comparison**

Figure 7, given the various heart rate measure value, compares proposed and existing system performance.

**Table 2:Comparison of Sensor Value**

PARAMETER	PI	FUZZY	IDAT
Temperature limit	38	40	60
Pressure value (ppm)	33	30	28

Table 2 shows the parameters of the proposed control model output values is compared to the existing technique.



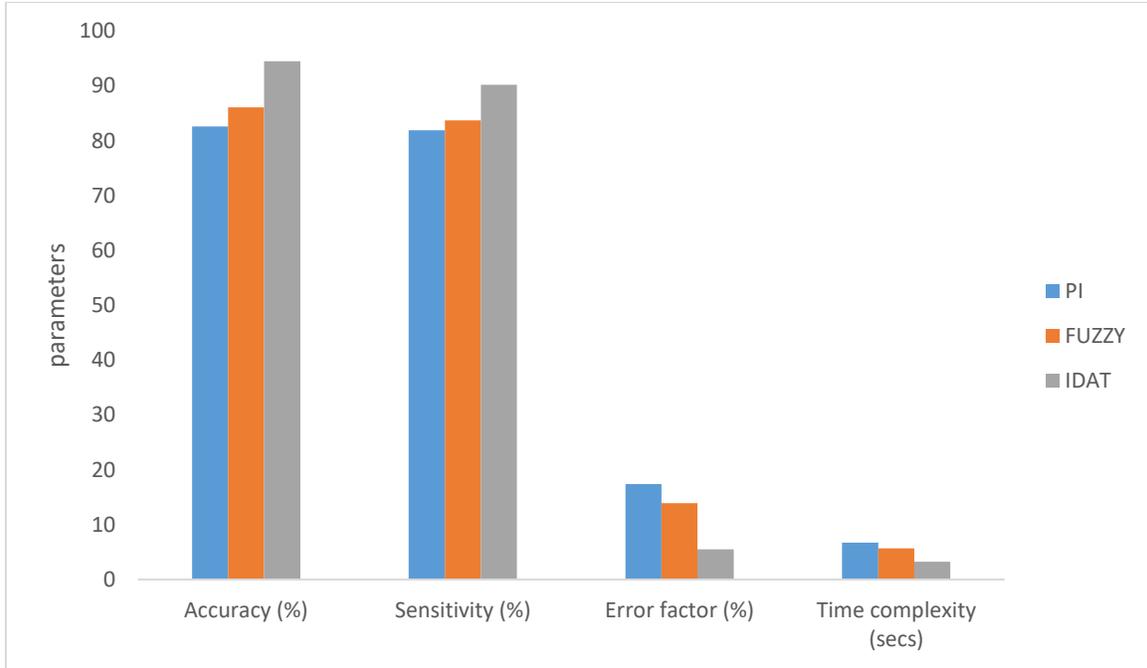
**Figure 8: Comparison chart for pressure sensor**

Figure 8 shows the proposed Intermittent Data Acquisition Technique (IDAT) and existing system control based sensor values.

**Table 3: Proposed Control Technique Performance Analysis**

PARAMETER	PI	FUZZY	IDAT
Accuracy (%)	82.6	86.1	94.5
Sensitivity (%)	81.9	83.7	90.2
Error factor (%)	17.4	13.9	5.5
Time complexity (secs)	6.75	5.71	3.22

Table.3 given the proposed control performance analysis, and the parameters are taken to analysis is accuracy (94.5%), sensitivity (90.2%), and the error rate is (5.5%) given by Intermittent Data Acquisition Technique (IDAT).



**Figure 9: Comparison Chart**

The various parameter is analysis to compare the results of proposed Intermittent Data Acquisition Techn

## 5. Conclusion

IoT based health monitoring systems must help us with different advantages, and the working of the system is monitoring various remote locations. Here, the system uses multiple sensors to monitor patient health based on the IoT application and design, develop, and analyze the system. After analyzing three different implementations, it can complete a data analyzing process and send message queues and protocols. Cloud computing services, output suites for monitoring various health monitoring applications, Wi-Fi technology revealed. As expected, the Wi-Fi module consumes all the energy, which lowers the price of ownership, leverages the development of existing infrastructure, and allows solutions. The proposed Intermittent Data Acquisition Technology (IDAT) is monitoring capabilities and, therefore it can save millions of people. With this system working, it can also automatically upload weather data and access data for the world, with the internet's help in the system. The analysis presented in this model gives

the device output of wireless sensors and represents a selection of directives for an implementation monitoring patient health.

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