

Ruptured posterior cerebral artery aneurysm treated with clipping in concomitant arteriovenous malformation – case report

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Abstract: *Cerebral aneurysms coexist with arteriovenous malformations. In tandem arteriovenous malformation and aneurysm, in the case of haemorrhage, it is often difficult to indicate which is the source of bleeding. This can cause diagnostic difficulties. We present a case of a 40-year-old patient with subarachnoid hemorrhage, occipital malformation and concomitant aneurysm of the ipsilateral posterior cerebral artery. After clinical and neuroimaging analysis, and diagnostic deliberations, the source of bleeding turned out to be an aneurysm. This case is significant because the aneurysm was treated by surgical clipping, which is rare today. Intravascular coiling is the treatment of choice for vertebrobasilar aneurysms. Due to the development of endovascular techniques, clipping of such aneurysms has become a historic method. We present a procedure of clipping through an extended pterional craniotomy. We detail the nuances, limitations, and potential complications. We also pay attention to maintaining the diagnostic vigilance of indicating the source of bleeding in the event of coexisting aneurysm and malformation.*

Keywords: *AMV, aneurysm, clipping, craniotomy, PCA*

1. BACKGROUND

Arteriovenous malformation (AVM) is a conglomerate of dilated and dysplastic arteries and veins [1]. There are no capillaries in the AVM and the abnormal collection of blood flows from arteries directly into the veins [2]. The incidence of AVM in population is on average 0.15%, slightly more common in men [2]. The average age of patients diagnosed with AVM is 33 years, and with aneurysms is 43. The most common symptoms of AVM are bleeding, which, however, is less frequent than with aneurysms [3]. Bleeding associated with AVM has a 10% mortality and 30-50% morbidity [3]. AVM can cause intracerebral haemorrhage (ICH), intraventricular haemorrhage (IVH), subarachnoid hemorrhage (SAH), and subdural hematoma (SDH) [2]. Intracranial aneurysms coexist with AVM in some cases [1-3]. Most of

such aneurysms are located in the main feeding arteries. They are related to increased blood flow [2,3]. When treating tandem AVMs and aneurysms in patients with bleeding, usually only one is symptomatic and must be treated first [3]. Only in rare cases, when technically feasible, both AVM and aneurysm may be treated at the same surgical procedure. The location (ICH/IVH/SAH/SDH) and type of the bleeding is indicative if the source is AVM or aneurysm. If it is still unclear what caused hemorrhage, the odds are that it was aneurysm [3].

2. CASE DESCRIPTION

40-year-old patient in good neurological condition was treated in our department for SAH, computed tomography angiography (CTA) revealed right occipital lobe AVM and posterior cerebral artery (PCA) aneurysm, as shown in Figure 1. Taking into account blood distribution in the basal cisterns (Figure 2) it was concluded that the source of bleeding was aneurysm, and not AVM. DSA was performed but aneurysm could not be safely coiled due to wide neck. The patient was qualified for surgical clipping, although this method is rare modernly. The aneurysm was gained via extended pterional approach and was clipped using single straight clip (Figure 3). After the operation, he developed a temporary paresis of the ipsilateral oculomotor nerve in the form of ptosis. It resulted from nerve irritation during surgery. The paresis resolved spontaneously after 5 weeks. The patient remained in a very good neurological condition. After 5 months, second surgery of AVM removal by occipital craniotomy was performed. The operation was successful. No new deficits were observed. The patient remained in very good condition and the prognosis turned out to be very favorable.

3. DISCUSSION

The coexistence of AVM and aneurysms is described in the literature. Many authors put attention on diagnostic difficulties which is the source in case of haemorrhage.

Cunha et al. (1992) has been described coexisting aneurysm in averaging 10% of AVM cases. His study includes 39 patients with this association, derived from a total of 400 patients with AVM treated in period 1970-1992 [3]. Cunha, et al. emphasized that generally symptomatic lesion was treated first, but occasionally both lesions were treated during the same operation. All patients had surgical or endovascular treatment, directed to at least one of the two types of lesions [3]. In study of Cunha most common, symptomatic AVM were treated surgically and all ruptured aneurysms were obliterated and there were no deaths in that series. Regarding our case, we also treated the symptomatic lesion first (aneurysm). As in the study of Cunha et al., our patient's prognosis was favorable. In contrast to our description, in Cunha's study, aneurysms were generally coiled.

Suzuki et al. (1979) described nine cases of intracranial aneurysm associated with AVM, constituting in his study 6.4% of all AVMs. Radical operation was performed for both AVM and aneurysm in eight cases and for aneurysm only in one case [4]. Suzuki et. discussed suitability of surgical treatment of both aneurysm and AVM. Although in

Suzuki's material the most common treatment was the simultaneous treatment of both AVM and aneurysm, it refers to AVM without bleeding [4]. In contrast, in our case, was an acute hemorrhage, soon an aneurysm was treated.

Raper et al. (2020) described a series of patients with intraventricular AVM-associated aneurysms treated surgically and highlighted technical nuances of the surgical approaches to these aneurysms [5]. This study is similar to ours, because it also describes the technical nuances of difficult aneurysms that coexist - just as in our case - with AVM [5]. Raper et al. (2020) concluded that ruptured intraventricular aneurysms associated with AVM can be treated surgically to reduce the risk of rebleeding in patients in whom the aneurysms are not accessible to endovascular treatment [5]. Also in our case, the ruptured PCA aneurysm was not accessible for coiling, and it was treated by clipping by extended pterional craniotomy.

Seoane et al. (1997) described fifteen patients bearing sixteen PCA aneurysms operated in his institution in a period of 10 years and paid attention to approaches selected for each location of aneurysms [6]. According to Seoane et al. the first segment of PCA extends from the basilar artery bifurcation to the point where the artery reaches the level of the most lateral edge of the cerebral peduncle [6]. Surgical approach for aneurysms located in this segment is pterional or pretemporal [6]. In our case, PCA aneurysm was gained by pterional approach extended in the temporal and posterior. The surgical technique used in our operation is consistent with the conclusions of Seoane et al. (1997).

Other references describing operative approaches to PCA aneurysms similar to ours was published by Heros et al. (1993). He described combined pterional and anterior temporal exposure for aneurysms of this location [7]. Heros noticed that standard pterional skin incision that extends below the zygoma just anterior to the tragus was used [7], exactly as in our surgical approach. According to Heros et al., the only significant disadvantage of this extended approach, when compared with both the standard pterional and the subtemporal approach, has been the increase in operative time required for the opening and the closure [7].

4. CONCLUSIONS

In cases of coexistence of AVM and aneurysm in patients with hemorrhage, diagnostic vigilance should be preserved as to adjudicate which of them is symptomatic. In cases of aneurysm rupture, physician must be aware of the necessity of surgical clipping, not coiling, even in deep located aneurysms, such as basivertebral or intraventricular.

Abbreviations

- AVM - arteriovenous malformation
- CTA - computed tomography angiography
- ICH - intracerebral hemorrhage
- IVH - intraventricular hemorrhage
- PCA - posterior cerebral artery
- SAH - subarachnoid hemorrhage

- SDH - subduralhematoma

CompetingInterests: The authorsdeclarethattheyhave no conflict of interest.

5. REFERENCES

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Figurelegends

Figure 1. CTA showing AVM and PCA aneurysm (marked by author), A: axial, B: sagittal

Figure 2. CT showing SAH in basalcisterns

Figure 3. Post-op CT, A: axial with neurosurgical clip, B: 3D with extent of craniotomy