Phytochemical Profile Of Cinnamon Extract (Cinnamomum Burmanii Blume) From Three Regions Of Sumatra Island Using Gcms

Liana Verdini¹, Budi Setiawan², Tiurma Sinaga³, Ahmad Sulaeman⁴, I Wayan Teguh Wibawan⁵

¹Postgraduate Student of Nutrition Science, Bogor Agricultural University, Bogor, Indonesia ^{2,3,4}Department of Community Nutrition, Faculty of Human Ecology, Bogor Agricultural University, Bogor, Indonesia

Email: bsetiawan.ipb@gmail.com

Abstract: This study aims to determine the phytochemical components of different extracts of Cinnamomum burmanii B. from different regions in Indonesia by GC-MS using ethanol, distilled water and isopropyl alcohol as solvents. The analysis showed that the ethanol extract of cinnamon from the Aceh region, which contains five compounds with biological activity and the main compound was 59.77% coumarone. Meanwhile, the distilled water extract contains four compounds with biological activity, and the main chemical compound was 37.01% coumarin. For the extract of isopropyl alcohol, contains four compounds with biological activity and the main compound was coumarin at 41.55%. The ethanol extract of cinnamon from Jambi region contains three compounds with its biological activity and the main compound was coumarin at 28.31%, while the extract using distilled water contains four compounds with biological activity and the main compound was 1-phenyl-4- carboxy-4,5 at 33.50%. Furthermore, for the isopropyl alcohol extract, there are five compounds with biological activity, and the most important chemical compound was 2-propanol at 45.89%. Meanwhile, the ethanol extract of cinnamon from West Sumatra contains six compounds that were identified as biological activity and the main compound was 2-propanol at 14.97%, while the distilled water extract contains four compounds with biological activity and the main compound was 17.49% for 1-phenyl -4carboxy-4,5. For the extract of isopropyl alcohol, four compounds with biological activity were obtained, and the main compound was 9.96% coumarin. This study confirms the existence of different bioactive compounds and biological activities in each original region of cinnamon in Indonesia.

Keywords: cinnamon, ethanol, distilled water, isopropyl alcohol, GC-MS

1. INTRODUCTION

The latest trend in disease control and treatment is the use of natural substances, such as antioxidants, which are used to control DM and has a role to play in managing oxidative stress. Various studies were conducted on over 1,050 antidiabetic plants to examine the positive benefits against the inhibition of antioxidant stress (Plumeriastuti et al., 2019). The main phytochemical groups with antidiabetic activity are polyphenols, terpenoids, and steroids, glycosides (saponins), alkaloids, and non-starch polysaccharides. Several

⁵Department of Animal Diseases and Veterinary Health, Faculty of Veterinary Medicine, Bogor Agricultural University, Bogor, Indonesia

polyphenol antioxidants (flavonoids, anthocyanins, xantones, stilbenes, quinines, and tannins), are beneficial for people with diabetes mellitus by reducing lipid peroxidation, protein glycation, and oxidative stress.

One type of plant that contains bioactive components and is useful as a functional food for controlling diabetes mellitus is cinnamon. Indonesia is one of the countries with the largest biodiversity in the world, and cinnamon is a type existing in the country. According to (Sangal, 2011) and (Anggriawan et al., 2015), cinnamon is an Indonesian medicinal plant that has traditionally been used to treat diabetes mellitus due to its ability to control blood sugar (antihyperglycemia). It has a procyanidin compound that act similarly to insulin by increasing glucose uptake (Chen et al., 2014) and (Kumar et al., 2012).

The active substances such as cinnamaldehyde, cinnamate acid, cinnamic acid, and eugenol in *Cinnamomum burmannii* B. have various therapeutic effects. This plant helps in the correction of various aspects of the metabolic syndrome, including hyperglycemia, dyslipidemia, obesity, and high blood pressure. Furthermore, several studies on cinnamon have shown that this plant is a cardiovascular protective agent and has potential effects in reducing metabolic syndrome complications due to its antidiabetic effect, antioxidant, anti-inflammatory, and beneficial in lipid profiles (Al-Dhubiab, 2012) and (Plumeriastuti et al., 2019).

Cinnamon reduces the risk of hyperglycemic and inflammation by slowing the process of gastric emptying, decreasing the activity of the α -glycosidase enzyme, limiting glucose absorption and increasing glycogen synthesis (Kirkham et al., 2009). Furthermore, cinnamon polyphenols also increase the activity of SOD (Super Oxide Dismutase) and GSH-Px (Glutathione Peroxidase) and also reduce malondialdehyde (MDA) in the pancreatic glands of diabetic rats (Liang et al., 2019).

The main mechanism of cinnamon as an antidiabetic is focused on the ability of the water-soluble of this extract that helps the insulin signaling process. It increases the autophosphorylation of insulin receptors and decreases the activity of tyrosine phosphatase (an enzyme that *in vitro* activates insulin receptors). The impact of the aboce two results is an increase in insulin sensitivity (Rafehi et al., 2012). In addition, it has a phenolic component, which act an antioxidant but also helps inhibit the formation of the end product of the glycation process related to its ability in trapping reactive oxygen (ROS) and reactive carbonyl species (RCS) (Kasim et al., 2014).

Generally, GC-MS is used to analyze compounds directly in medicinal plants. In recent years, this study was applied to medicinal plants in analyzing non-polar compounds and volatile essential oils, fatty acids, lipids and alkaloids. The result identified different compounds in the test sample, and it is a good technique for identifying bioactive long-chain hydrocarbons, alcohols, acids, esters, etc. (Sharmila et al., 2017), (Kalsum et al., 2016), and (Balamurugan et al., 2012).

Therefore, this study aims to examine the bioactive compounds reported in several solvent extracts in all parts of the *Cinnamomum burmanii* B. plant using the GC-MS technique.

2. MATERIALS AND METHODS

Research Materials

Cinnamon (*Cinnamomum Burmanii* B.) was collected from different provinces of the Sumatra island, such as Aceh, Jambi and West Sumatra. Furthermore, different solvents were also used such as distilled water (aquades), ethanol (Merck) and isoproyl alcohol (Merck).

Cinnamon Extracts

The sampling point of cinnamon were Aceh, Jambi and West Sumatra. The plant's part taken was the bark, and a representative sample was then cut into small pieces, dried, and made into a powder with a particle size of 100 mesh. Extraction of powder sample was carried out by maceration using distilled water, ethanol and isopropyl alcohol solvents with the sonication process using an ultrasonic device (Suryowati et al., 2015). The extraction results were collected and stored in a vial for further analysis.

GC-MS Analysis

A certain number of extracts were analyzed to determine the volatile compounds using Gas Chromatography-Mass Spectroscopy (GC-MS). The GC-MS used was the Shimadzu GCMS-QP 2010 equipped with pyrolysis accessories. As soon as the condition is stable, about \pm 1 µg / 1 drop of cinnamon extract is injected into the pyrolycer and the GCMS works automatically, and the determination process takes 50 minutes.

Data Analysis

Currently, research on organic compounds in plants and their activity has increased. The combination of the best separation (GC) and identification (MS) technique makes GC-MS an ideal technique for the qualitative analysis of volatile and semi-volatile bioactive compounds (Kanthal et al., 2014) and (Arts & Nadu, 2013). Furthermore, the determination was carried out based on the name, molecular weight and formula, as well as area below the peak of the components of the test material. The prediction of the biological activity of the compound is based on Dr. Dukes Phytochemical and Ethnobotanical Databases made by Dr. Jim Duke of the Agricultural Research Service/USDA. In addition, the data presented have a similarity index of $\geq 90\%$ according to WILEY and NIST library ver. 3.0.

3. RESULTS AND DISCUSSIONS

Analysis of the GC-MC chromatogram on the ethanol extract of cinnamon originating from Aceh, Jambi and West Sumatra (Figures 1, 2 and 3) shows peaks indicating the presence of dozens of phytochemicals with different retention times and percentage area. By comparing the mass spectra of the compounds with the library from WILEY and NIST version 3.0, dozens of phytochemicals were characterized and identified based on their retention time (RT), molecular weight (MW), formula and properties concentration (% of peak area). Seven GC-MS chromatograms of Aceh cinnamon ethanol extract have a similarity index ≥ 90%, and contains different bioactive compounds, which includes 2-Propanamine,1methoxy- (6.25%), dihydrocarvyl acetate (1.87%), 3-methylbenzofuran (3.13%), cis,cis,trans-3,3,6,6,9,9-hexamethyl-tetracyclo [6.1.0.0(2,4).0(5,7)] nonane (1.55%), 1-phenyl-4-carboxy-4,5 (23.91%), cinnamyl acetate (0.39%) and coumarone (59.77%). Five of these compounds were reported to have biological activity, such as dihydrocarvyl acetate (C₁₂H₂₀O₂), 3-1-phenyl-4-carboxy-4,5 methylbenzofuran (C_9H_8O) , $(C_9H_9N_3O_2)$, $(C_{11}H_{12}O_2)$ and coumarone (C_8H_6O) . The results of GC-MS analysis on the ethanol extract of cinnamon from Jambi show five peaks with a similar index of ≥90%. The compunds of carbon dioxide (1.26%), 2-propanamine,1-methoxy- (9.90%), 2-propanol (14.33%), 3methylbenzofuran (27, 73%) and coumarin (28,31%) have different bioactive compounds. Furthermore, three compounds were reported to have biological activity, such as 3methylbenzofuran (C₉H₈O), 2-propanol (C₃H₈O) and coumarin (C₉H₆O₂). The GC-MS chromatogram analysis on the ethanol extract of cinnamon from West Sumatra resulted to six peaks, including a similarity index of ≥90%. From the six bioactive compounds, the compounds detected were acetaldehyde (2.37%), L-alanine (14.67%), 2-propanol (14.97%),

3-methylbenzofuran (8.83%), 1-phenyl,-4-carboxy-4,5 (10.44%), and cinnamyl acetate (8.12%). Among these compounds, six compounds were reported to have biological activity, which includes acetaldehyde (C_2H_4O), L-alanine ($C_5H_{11}NO_2$), 2-propanol (C_3H_8O), 3-methylbenzofuran (C_9H_8O), 1-phenyl-4-carboxy-4,5 ($C_9H_9N_3O_2$), and cinnamyl acetate ($C_{11}H_{12}O_2$). Phytochemical compounds of cinnamon from three regions in Sumatra that provide biological activity are shown in Table 1.

A total of six GC-MS chromatogram peaks of cinnamon distilled water extract originating from Aceh region had an estimated similarity index of ≥90, which have different bioactive compounds, including carbon dioxide (19.23%), ethylic acid (2.94%), 3-furanone,2,3dihydro-4-hydroxy (5.68%), 3,5-dihydroxy-2-methyl-5,6- (9.34%), 1-phenyl-4-carboxy-4,5 (17.01%) and coumarin (37.01%). Four compounds have been reported to have biological activity, namely ethylic acid (C₂H₄O₈), 3,5-dihydroxy-2-methyl-5,6- (C₆H₈O₄), 1-phenyl-4carboxy-4,5 (C₉H₉N₃O₂) and coumarin (C₉H₆O₂). The results of GC-MS analysis on cinnamon distilled water extract from Jambi have six peaks with similarity index of $\geq 90\%$. Furthermore, different bioactive compounds includes carbon dioxide (8.04%), glycerose (18.13%), acetyl monoglyceride (3.11%), 1-phenyl-4-carboxy-4,5 (33,50%), coumarin (21.21%), and bis (2-ethylhexyl) phthalate (1.39%). Four compounds are reported to have biological activity, namely acetyl monoglyceride (C5H10O4), 1-phenyl-4-carboxy-4,5 $(C_9H_9N_3O_2)$, coumarin $(C_9H_6O_2)$, and bis (2-ethylhexyl) phthalate $(C_{24}H_{38}O_4)$. GC-MS chromatogram analysis of cinnamon distilled water extract from West Sumatra is known to have five peaks with similarity index of $\geq 90\%$. The compounds detected were carbon dioxide (24.99%), ethylic acid (6.39%), itaconic anhydride (7.21%), 1-phenyl-4-carboxy-4,5 (17. 49%), and phthalazinone (12.13%). Among these compounds, four compounds are reported to have biological activity, including ethylic acid (C₂H₄O₈), itaconic anhydride (C₅H₄O₃), 1phenyl-4-carboxy-4,5 $(C_9H_9N_3O_2),$ and phthalazinone $(C_8H_6N_2O)$. Phytochemical compounds of cinnamon from three regions in Sumatra that provide biological activity are shown in Table 2.

A total of six GC-MS chromatogram peaks of cinnamon isopropyl alcohol extract originating from Aceh region had a similarity index $\geq 90\%$ that contains different bioactive compounds, which includes Bicyclo[2.2.1]heptane,-5-(ethyl-1-amine) (4.33%), 2-Propanol (37.93%), 6,6dimethyl-2-(3-oxo-butyl)-bicyclo[3.1.1]heptan-3-one (0.29%),Cis, cis, trans-3, 3, 6, 6, 9, 9hexamethyl-tetracyclo[6.1.0.0(2,4).0(5,7)]nonane (0.69%), 1-phenyl-4-carboxy-4,5 (15.04%) and coumarin (41.55%). Furthermore, five compounds were reported to have biological activity, such as Bicyclo[2.2.1]heptane,-5-(ethyl-1-amine) (C₉H₁₇N), 2-Propanol (C₃H₈O), 6,6-dimethyl-2-(3-oxo-butyl)-bicyclo[3.1.1]heptan-3-one $(C_{13}H_{20}O_2),$ Cis, cis, trans-3,3,6,6,9,9-hexamethyl-tetracyclo[6.1.0.0(2,40(5,7)]nonane ($C_{15}H_{24}$), 1-phenyl-4-carboxy-4,5 $(C_9H_9N_3O_2)$ and coumarin $(C_9H_6O_2)$. The results of GC-MS analysis on the isopropyl alcohol extract of cinnamon from Jambi have six peaks with similarity index of ≥90%. The compounds that have different bioactive compounds are 2-Propanol (45.89%), 3-Methylbenzofuran (14.50%),Cis,cis,trans-3,3,6,6,9,9-hexamethyltetracyclo[6.1.0.0(2,4).0(5,7)]nonane (2.64%), trans-Caryophyllene (1.44%), 1-phenyl-4carboxy-4,5 (4.55%), and Coumarin (23.86%). Among these, five compounds were reported to have biological activity such as 2-Propanol (C₃H₈O), 3-Methylbenzofuran (C₉H₈O), trans-Caryophyllene (C₁₅H₂₄), 1-phenyl-4-carboxy-4,5 (C₉H₉N₃O₂), and Coumarin (C₉H₆O₂). GC-MS chromatogram analysis on the isopropyl alcohol extract of cinnamon from West Sumatra have five peaks with similarity index of ≥90%. The bioactive compounds tested were Bicyclo[2.2.1]heptane,-5-(ethyl-1-amine) (3.53%), 1,3-Butylene glycol Methylbenzofuran (2.91%), 1-phenyl-4-carboxy-4.5 (7.69%), and coumarin (9.96%). Among compounds were reported to have biological activity. Bicyclo[2.2.1]heptane,-5-(ethyl-1-amine) (C9H₁₇N), 3-Methylbenzofuran (C₉H₈O), 1-phenyl4-carboxy-4,5 ($C_9H_9N_3O_2$), and coumarin ($C_9H_6O_2$). Phytochemical compounds of cinnamon from three regions in Sumatra that provide biological activity are shown in Table 3.

According to (Kumar et al., 2012), the main volatile components of cinnamon oil are cinnamaldehyde, trans cinnamyl acetate, Ascabin, Hydro cinnamyl acetate, Betacaryophyllene. Meanwhile, (Plumeriastuti et al., 2019) that conducted an analysis on cinnamon from Karang Anyar, Padang and Jambi, reported that the potential for cinnamon essential oil are used as an antidiabetic because it contains high cinnamaldehyde. Volatile components are also reported in all parts of this plant and are broadly classified into monoterpenes, sesquiterpenes, and phenylpropene (Sangal, 2011). According to (Liang et al., 2019), proanthocyanidin is a natural compound commonly reported in cinnamon bark, especially in *C. wilsonii* and *C. burmannii*. Coumarin and cinnamyl alcohol are also the main compounds, and (E)-cinnamaldehyde and (Z)-cinnamaldehyde are the most important compounds in ethanol extract. Research by (Fajar et al., 2019), reported that Proanthocyanidin type-A isolated from *Cinnamomum burmannii* may have insulin-like biological activity.

In short, this study provides evidence that *Cinnamomum burmanii* B. contains bioactive compounds from three production centers in Sumatra that are expected to have antihyperglycemic effects.

4. CONCLUSIONS

This study showed that *Cinnamomum burmanii B*. from three production centers in Sumatra is a reliable source of bioactive compounds such as coumarone, coumarin, 1-phenyl-4-carboxy-4,5, and 2-propanol. This shows a simple, fast and reliable analytical method that makes it possible to distinguish the three different origins of cinnamon production centers from Sumatra island.

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Conflicts Of Interest

The authors declare that there is no conflict of interest regarding the publication of this article.

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Table 1. The activity components identified in the ethanol extract samples of the cinnamon

originating from three regions in Indonesia

	Origin		Pea	legions ii			of	
			k	Molec	Orig	amon	01	
		Retent	Ar	ular	CIII		West	Biological
No	Component Name	ion	ea	Formu	Ac	Jam	Sumat	Activity*)
		Time	(%	las	eh	bi	era	Activity)
)	las	en	DI	era	
1	2-Propanamine, 1-	4.112	6.2	$C_4H_{11}N$	X	X		No activity
1	methoxy-	7,112	5	0	Λ	A		reported
2	Dihydrocarvyl acetate	15.876	1.8	$C_{12}H_{20}$	X			Antioxidant
~	Diny drocar vyr acctate	13.070	7	O_2	71			, strong α -
			′	02				glucosidase
								inhibitor,
								anticancer
								activity
3	3-Methylbenzofuran	16.390	3.1	C ₉ H ₈ O	X	X	X	Antibacteri
	, and the second		3					al,
								antifungal,
								anti-
								inflammato
								ry,
								analgesic,
								antidepress
								ant,
								anticonvuls
								ant,
								antitumor,
								anti-HIV,
								antidiabetic
								,
								antitubercul
								ar, antioxidant
4	Cig aig trong 2 2 6 6 0 0	16.749	1.5	Сп	v			activity No activity
4	Cis,cis,trans-3,3,6,6,9,9-hexamethyl-	10.749	5	$C_{15}H_{24}$	X			No activity
	tetracyclo[6.1.0.0(2,4).0(5)					reported
	,7)]nonane							
	,/)] 0 a c		L					

5	1-phenyl-4-carboxy-4,5	17.253	23.	$C_9H_9N_3$	X		X	Antibacteri
	1-phenyr-4-carboxy-4,5	17.233	91	O_2	Λ.		Λ	al,
			91	O_2				,
								antifungal,
								antitubercul
								ar,
								anticancer,
								anticonvuls
								ant,
								analgesic,
								anti-
								inflammato
								ry,
								antiviral,
								antioxidant,
								antihyperte
								nsive,
								antiparkins
								onian
6	Cinnamal acatata	17.542	0.2	CII				activity Antibacteri
О	Cinnamyl acetate	17.542	0.3	$C_{11}H_{12}$	X		X	
			9	O_2				al,
								antifungal
								activity
7	Coumarone	17.924	59.	C_8H_6O	X			Antihelmint
			77					hic, anti-
								inflammato
								ry, anti-
								diarrhea
								activity
8	Carbon dioxide	3.811	1.2	CO_2		X		No activity
			6					reported
9	2-Propanol	4.315	14.	C ₃ H ₈ O		X	X	Antibacteri
	1		33					al,
								antifungal
								activity
10	Coumarin	18.269	28.	C ₉ H ₆ O ₂		X		Antimicrobi
		10.20	31	0922002				al, antiviral,
								antidiabetic
								, anticancer,
								antioxidant,
								antiparasitic
								antiparasitic
								antihelminti
								C,
								antiprolifer
								ative,
								anticonvuls
								ant, anti-
								inflammato
								ry,

							antihyperte
							nsive
							activity
11	Acetaldehyde	3.975	2.3	C_2H_4O		X	Antibacteri
			7				al activity
1	L-Alanine	4.104	14.	$C_5H_{11}N$		X	Antioxidant
2			67	O_2			,
							antimicrobi
							al activity

Table 2. The activity components were identified in samples of cinnamon distilled water extract from three regions in Indonesia

	extract from three regions in Indonesia											
			Pea	Molecula	Orig	gin of C	innamon					
N o	Component Name	Retentio n Time	k Are a (%)	r Formula s	Ace h	Jamb i	West Sumater a	Biological Activity*)				
1.	Carbon dioxide	4.046	19.2 3	CO ₂	X	X	X	No activity reported				
2.	Ethylic acid	6.323	2.94	C ₂ H ₄ O ₂	X		X	Antimicrobial, antioxidant activity				
3.	3-furanone, 2,3-dihydro- 4-hydroxy	14.455	5.68	C ₆ H ₈ O ₃	X			No activity reported				
4.	3,5- dihydroxy-2- methyl-5,6-	15.180	9.34	C ₆ H ₈ O ₄	X			Antimicrobial, antioxidant activity				
5.	1-phenyl-4- carboxy-4,5	17.360	17.0	C ₉ H ₉ N ₃ O ₂	X	X	X	Antibacterial, antifungal, antitubercular, anticancer, anticonvulsant, analgesic, anti-inflammatory, antiviral, antioxidant, antihypertensiv e, antiparkinsonia n activity				
6.	Coumarin	18.112	37.0	C ₉ H ₆ O ₂	X	X		Antimicrobial, antiviral, antidiabetic, anticancer, antioxidant, antiparasitic, antihelmintic, antiproliferativ				

7.	Glycerose	14.359	18.1	C ₃ H ₆ O ₃	X		e, anticonvulsant, anti- inflammatory, antihypertensiv e activity No activity reported
8.	Acetyl monoglycerid e	14.950	3.11	C ₅ H ₁₀ O ₄	X		Hypoglycemic activity
9.	Bis(2- ethylhexyl) phthalate	26.168	1.39	C ₂₄ H ₃₈ O ₄	X	X	Antimicrobial and cytotoxic activity
10	Itaconic anhydride	12.977	7.21	C ₅ H ₄ O ₃		X	Antioxidant, antimicrobial activity
	Phthalazinon e	18.305	12.1	C ₈ H ₆ N ₂ O			Antitumor, PARP-1 inhibitor, antimicrobial, antiviral, antihistamine, antiallergic rhinitis, antifungal, anti- inflammatory, antiproliferativ e, antidiabetic activity

Table 3. The activity components identified in samples of isopropyl alcohol extract of cinnamon from three regions in Indonesia

		Retent	Pea k	Molec	Orig Cinr	in namon	of	
N o	Component Name	ion Time	Ar ea (%	ular Formu las	Ac eh	Jam bi	West Sumat era	Biological Activity*)
1	Bicyclo [2.2.1] heptane,-	3.961	4.3	C ₉ H ₁₇	X		X	Antifungal
	5-(ethyl-1-amine)	4 222	_	N	v	V		activity
2	2-Propanol	4.322	37. 93	C ₃ H ₈ O	X	X		Antibacteri al, antifungal activity
3	6,6-dimethyl-2-(3-oxo-	15.895	0.2	$C_{13}H_{20}$	X			Antifungal
	butyl)-bicyclo		9	O_2				activity
	[3.1.1]heptan-3-one							

4	Cis,cis,trans-3,3,6,6,9,9-hexamethyl-	16.759	0.6 9	$C_{15}H_{24}$	X	X		No activity reported
	tetracyclo[6.1.0.0(2,4).0(5,7)]nonane							100000
5 .	1-phenyl-4-carboxy-4,5	17.283	15. 04	C ₉ H ₉ N ₃ O ₂	X	X	X	Antibacteri al, antifungal, antitubercul ar, anticancer, anticonvuls ant, analgesic, anti- inflammato ry, antiviral, antioxidant, antihyperte nsive, antiparkins onian activity
6.	Coumarin	17.954	41. 55	C ₉ H ₆ O ₂	X	X	X	Antimicrob ial, antiviral, antidiabetic , anticancer, antioxidant, antiparasiti c, antihelmint ic, antiprolifer ative, anticonvuls ant, anti- inflammato ry, antihyperte nsive activity
7 .	3-Methylbenzofuran	16.225	14. 50	C ₉ H ₈ O		X	X	Antibacteri al, antifungal, anti- inflammato ry, analgesic,

							antidepress ant, anticonvuls ant, antitumor, anti-HIV, antidiabetic , antitubercul ar, antioxidant activity
8 .	trans-Caryophyllene	17.212	1.4	C ₁₅ H ₂₄	X		Anti- inflammato ry, antibiotic, antioxidant, anticarcino genic, local anesthetic activity
9	1,3-Butylene glycol	4.336	68. 68	C_4H_{10} O_2		X	No activity reported