# Benign Vascular lesions: Case report of Areteriovenous malformation of lower lip

Dr. Sanat Kumar Bhuyan<sup>1</sup>, Dr. Ruchibhuyan<sup>2</sup>\* ,Gayatree Nayak<sup>3</sup>, Goutam Ghosh<sup>4</sup>, sidhantbhuyan<sup>5</sup>, Gautam Rath<sup>6</sup>

<sup>1</sup>, Department of Oral Medicine & Radiology, Institute of Dental Sciences, Siksha "O" Anusandhan University (Deemed to be), K8, Kalinganagar, Bhubaneswar-751003, Odisha, <sup>2</sup>. Department of Oral pathology & microbiology, Institute of Medical Sciences, Sum Hospital

Siksha "O" Anusandhan University (Deemed to be),K8, Kalinganagar, Bhubaneswar-751003, Odisha, India

<sup>3</sup>. PHD Scholar, SOA

4&6. Prof. School of Pharmacy, SOA

5.Medical Student, Nepalgunj Medical Collage, Kathmandu University, Nepal ruchibhuyan @soa.ac.in

#### Abstract:

In the daily practice of medicine, vascular malformations are encountered as the most challenging diagnostic cases and as well as difficult therapeutic enigma. These result as a consequence of vascular system abnormality but never tend to show any signs of involution. Accurate hereditary vascular irregularities which may not be clinically pragmatic till late infancy or premature juvenile. Arteriovenous malformations are usually congenital but the acquired ones occur due to trauma and hormonal changes. The clinical presentation ranges from being a birthmark that is asymptomatic to a natural lifeintimidating hemorrhage. Here a contemporary situation of vascular abnormality in lower lip of a 46 year old female persistent.

Keywords: Arteriovenous malformation, hemangioma, lip enlargement, feeder vessel

#### **1. INTRODUCTION:**

Arteriovenous malformations (AVMs) are abnormal condition with direct connection between blood carrying artery and vein by passes through the capillariesby flowing in veins .[1,2,3,4] Head and neck are more prone to affect by AVM. AVMs have been testified to occur in 0.1% of the people of which extra cranialsituation counts for only 8.4%[2]. Vascular abnormalities comprise of low-stream and high-stream sores. Arteriovenous mutations (AVMs) are arranged as high-stream vascular injuries. The AVMs are unprecedented vascular sores are generally seen in upper or lower lip (1). In contrast to hemangiomas, vascular distortions are not tumors. Or maybe, genuine innate vascular abnormalities might not be clinically seen till late onprematurejuvenile. The AVMs can be hazardous because of potential monstrous discharge and cardiovascular precariousness (2,3). AVMs are among anomalous fistulous associations between taking care of conduits and depleting veins. The depleting veins are enlarged and convoluted and may have variceal changes (3). Practically all patients with AVMs are kids or teenagers (4). Benevolent vascular sores are variations from of vein or endothelial cell multiplication. The benevolent oral vascular sores spoke to 6.4% of considerable number of maladies analyzed through Oral Diagnosis Provision [5,6]. Two greatest normal kinds of vascular skin colorations remain hemangiomas and vascular deformities ,however their course and treatment differs [7,8]. Hemangiomas vanish with age however vascular mutations develop immediately with time.

Maximum hemangiomas are normally viewed as inconsequential cancers[8]. In view, VM can be partitioned into low stream and high stream injuries [9,10]. Oral vascular deformities are predominant in the sixth and seventh years of lifetime. Histopathological displays multiplication of endothelial compartments through equilibrium of blood. Careful extraction tracked by embolization is conduct of decision designed for such sores [11]. The mutual entanglement of such injuries is unreasonable draining during excision. Here announced an instance of vascular abnormality present on the lower lip of 46 years old female patient.

#### Case report:

A female patient as old as 46 year old answered to our dental medical clinic and suffering chief complain of swelling of lower lip since 36 years. The swelling created when the patient was 10 years of age and steadily increased in size according to the present size. The swelling was disturbing the patient on both aesthetic and functional grounds. Patient didn't have any pertinent clinical history and no irregularity was available on general examination. The appearance of the expanding was well defined, reddish blue pigmented of size 5.5x4.5 cm and was lobulated. The midline of the lip was unmistakably obvious with eversion of lip uncovering the gingiva and alveolar mucosa in regard to mandibular front tooth region. Palpation uncovered soft, compressible growing which was portable and overhanging the jawline region . Intraoral assessment indicated a solitary diffused development on the floor of the mouth erythematous in appearance present neighboring lingual frenum estimating 1.5x2.5cm which was delicate in consistency, smooth surfaced and sessile in nature and had a lobulated appearance. There were no indications of whitening after utilization of finger pressure and No throbs were gotten from the sore. There was no clinically noticeable lymphadenopathy.

The case was analyzed clinically as benevolent vascular sore of the lower lip.The differential conclusion clinically included AV contortion ,vasculartumor (hemangioma).Laboratory examinations, complete blood tally, and routine blood science were inside ordinary extents. The extracted vascular injury was sent to the pathology division. The histopathologicfinding uncovered an arteriovenousmalformation.The post-treatment follow-up was palatable.

Colour dopplerultrasonography was done and it uncovered enormous lower lip with echogenic stromal and mediating slim hypoechoicseptation with cleavage plane shows blended blood vessel and venous stream in this manner recommending lower lip vascular abnormality with blood vessel and venous stream.

Magnetic resonance imaginguncovers vascular distortion including lower lip with expanded stromal element. midline cleavage plane indicating mixed arterial and venous sign in with feeder from both lingual - veins.

Histopathologically, the hematoxylin and eosin recolored segment indicated fibro collagenous stroma with huge spaces loaded up with blood with thick vascularity present in the stroma.

Treatment plan included embolization followed by careful extraction of the lower lip and remaking.

# European Journal of Molecular & Clinical Medicine ISSN 2515-8260 Volume 07, Issue 06, 2020















Figure- 5 Pre-operational image viewingbulge in Lower lip.

European Journal of Molecular & Clinical Medicine ISSN 2515-8260 Volume 07, Issue 06, 2020



Figure- 6



Figure- 7

# European Journal of Molecular & Clinical Medicine ISSN 2515-8260 Volume 07, Issue 06, 2020



Figure-8 (T1 post contrast MRI of face) Figure-9 (T1 post contrast MRI of lip )

Hemangiomas	Vascular Abnormality
A hemangiomapossibly will or may not be	Vascular abnormalityarecontinuouslyexisting
existing at natal period.	at natal period.
They are accurate new neoplasms of	Remainrestrictedfaults of vascular
endothelial cell .	morphogens that consequences in
	construction of irregular torturous
	thenenflamed vascular frequency.
They are very muchnew neoplasms of	Remainrestrictedfaults of vascular
endothelial cells .	morphogens that results in establishment of
	irregular torturous and enlarged vascular
	canal.
Women are additionalusuallypretentious 3:1	Vascular abnormalities show no gender
(Mullikan and Glowacki).	partiality.
Hemangiomas are also recognized as	Vascular deformities are likewiseidentified as
anchoragewine stain, strawberry	lymphangiomas, arteriovenous deformity,
hemangiomas, salmon reinforcement.	vascular gigantism.
Ended time they developedslighter (involute)	They do not involute instinctivelythen may
and brighter in shade.	developed more ostensible as child grows.
Mast cells identified to performancepart in	No rise in mast cells.
neangeogenisis, risesthroughmultiplying	

phase.







Figure 10- Image illustrating (a) normal connection between arteries and vains through capillary beds (b) while in arteriovenous malformation, straight communication between arteries and veins without capillary bed

Table 3: Syndromes Linked Vascular Tumors and Malformations			
Tumors			
Infantile hemagioma, PHACE disorder			
Abnormalities			
Low-stream			
Sturge-Weberdisorder, Klippel-Tremainedisorder, Proteus disorder, C	Cutis		
marmoratatelangiectatic congenital, Adams-Oliver condition, blue rubber bleb ne	evus		
disorder ,Maffeidisease, Gorham-stout disorder.			
High-stream			

Bonnet-Dechaume-Blanc disorder (Wyburn-Mason Disorder), Parkes Weber disease, Renda-Osler-Weber disorder (heredity hemorrhagic telangiectasia), Cobb disorder, Cowden disease, Ehlers-Danlosdisease (Type 4)

# Current cataloguing of hemangioma and vascular abnormalities

### Hemangiomas

- Artificial (vessel hemangioma)
- Unlimited (resounding hemangioma)
- Complex multifarious (vessel and tubeechoinghemangioma)

# Vascular abnormalities

- Modestlacerations, scratches
- Low-streamlacerations
- Vessel or tubedeformity (capillary hemangioma, port-wine stain)
- Arterial and vein abnormality (echoinghemagioma)
- Lymphatic distortion (lymphangioma, cystic hygroma)
- High-stream lesions
- Atriumabnormality

Collective lesions

- Arteriovenous abnormalities
- Lymph`
- Additional groupings



# 2. **DISCUSSION**:

In 1983, Mulliken and Glowacki present a biological categorization based on clinical form, histopathologic features as well as biologic performance into two maincategory: tumours and malformations .[1]



# Figure -12

Vascular tumors affecting particularly the jaws and VMs are rare[2] Hemangiomas have the most common tumors of vascular [1] and differentiated from VMs as a been therapy .[9]Forbes et al. eminentdescribed VMs associated with slow and low flow and high or moderate flow lesions depend on hemodynamic and contrast appearance when examine by X-ray of blood or lymph.[1,2,3]There are two kinds of vascular anomalies, including vascular distortions and hemangiomas. Among every single vascular anomalies, AVMs are considered as most dangerous which include lips (12,13). Vascular contortions are inborn injuries. Most AVMs become perceptible until youth and noticeable because of hormones, contaminations, and injuries (13,14). The AVMs have explicit age scope of 3 months to74 years. Gained AVMs that present after injury as opposed to inborn AVMs regularly exhibit a solitary blood vessel enrolling, which causeeasier treatment (15). The AVMs comprise of a focal nidus with strange shunts among blood vessel and venous frameworks that bring about the expansion of adjoining conduits and veins. The AVMs have no proliferative cell action (16). Clinically, AVMs typically presents with warm firm compressible pulsatile easy moderate developing mass with bruits and trills (17,16,14). Ultrasound and Doppler ultrasound are utilized as radiologic assessments that can show vessels and expansions. Doppler ultrasound can give the estimation of blood stream speed and vessel obstruction. The CT filter is extremely helpful and as a rule shows delicate tissue mass with developed nearby conduits and veins (17). The CTA can assist with affirming nidus and security course. Attractive reverberation imaging is utilized to assess augmentation and intrusion to encompassing delicate tissue. Attractive reverberation angiography furnishes pre mobilization arranging with identifying the source of atypical branches (17). In any case, catheter angiography is the best quality

level radiologic test. Treatment of AVMs is questionable. Over the previous decade, various methodologies, including careful extraction, endovascular embolization, laser treatment, or a blend treatment have been utilized for the administration of Lip AVMs (18). The best achievement rates in AVM treatment have been accounted for with embolization followed by excisional medical procedure. The embolizingagents utilized are Onyx, Gel froth, loops, Glue, Embosphere, and polyvinyl liquor (19). A few methods as the proximal ligation of taking care of corridors to AVM or curettage and halfway resection, cause the repeat of sore (13).Combination treatment has the most noteworthy achievement rate and is viewed as a highest quality level treatment (20). Primary objective of the treatment ought to be to annihilate the nidus and proximal of venous surge. The decision is preoperative very specific blood vessel catheterization and embolization followed by medical procedure as quickly as time permits, in a perfect world inside 72 h (17,16). Benign vascular sores are variations from the norm of vein or endothelial cell multiplication was seen that considerate oral vascular injuries spoke to 6.4% of the considerable number of infections analyzed by Oral Judgement Provision [21] According to Mulliken and Glowacki in 1982, vascular inconsistencies dependent on obsessive highlights, i.e., endothelial cell revenue. vascularpeculiarities arranged in to following classes - (a) Vasoproliferatation neoplasm ,and (b) Vascular abnormalities. Vascular contortion takes a smaller amount endothelial cell revenue (multiplies then experience mitosis) contrasted with vasoprolifertion neoplasm. Rather VM are auxiliary variations from the norm of Venous, lymphatic, slender and arterioles which develop as indicated by the extent of the kid [22]. Broadening of vascular sores are because of changes in stream and weight, dilatation of vascular canal, insurance multiplication [23]. Dynamic endothelial cells are the significant component in all arrangement reliable with an advancing vascular sore, yet it is muddled whether the endothelial multiplication is an essential occasion or outcomesafter vascular developmentmethods for hemodynamic instrument [24]. VM partitioned into (a) Slow-stream (b) High-stream contortions. Slow stream VMs are pervasiveness of 1% by and large completely public. Most basic sort insubtypes is Vein, Lymphoid and Venolymphoid distortions. Venous abnormality shaped because dilatation of shallow then profound veineous because of slim divider which needs smooth and flexible muscle. Lymphoid subtypes of abnormality remain caused because assortment of lymphoidnodes loaded up through serous liquid. Venolymphatic deformities remain uncommon [22]. High level of stream VM is both anterivenous contortion alsoanterivenus fistula. Described via development bunch of blood vessel and Veincanalslacking arrangement of strong mass. The medical introductions show amazingly significant assortment and can run after an asymptomatic pigmentation to lifethreateninghaemorrhage. The sores generally happen in both head via neck area through a preference for the lips, jaw, lung and muscle strength gatherings. General occurrence of VM is around 1 out of 10000 individuals ,Developing all through the life of patients . There are many cases when a patients with vascular related abnormalities diagnose incorrectly. [23].

#### Congenital arteriovenous malformation:

This occurs due to absence of separablearteries with veinsand capillaries through vascular expansion. [1,2,5] Most are present at birth but come to clinical attention during second or third decade of life. [9] Defects in transforming growth factor- $\beta$  signaling and a genetic two-hit hypothesis are the prevailing theories to the pathogenesis. [1,10]

#### Familial arteriovenous malformation:

Although rare, [4,5,9] normally cases are sporadic and few are hereditaryproblems whose molecular genetics has been recently elucidate. A transformation in gene RASA1, express p120-Ras GAP, on chromosome 5q, has been recognized in families with congenital malformations associated with AVMs.[11]

Acquired arteriovenous malformation:

Trauma, ischemic event inferior to thrombosis and hormonal changes (puberty and pregnancy[5]) could induce aberrant propagation of the arteries-veins and trigger the manifestation of its troublesome symptoms. [1] When less important to trauma, that lesion is more often than not provided by a particular vessel, as associated to the multiple vessels frequently perceived by means of congenital etiology. [2]

#### 3. CONCLUSION:

Acquired AVMs may be present as a dental emergency due to uncontrol bleeding when operate dental measures like as tooth removal, biopsy or the moment of the natural exfoliation of a primary tooth. They may result in alarming hemodynamic manifestations such as venous engorgement. The surgical supervision is intricate and requires involved planning and multidisciplinary view. Vascular contortions has much time influence the upper and lower lip and furthermore the buccal mucosa and doesnot have any sexual orientation inclination. Vascular abnormalities areuniformedeathoccurs in not only two youngsters but also grown-ups. Not many conditions, for example, blue elastic bleb nevus disorder, cutaneous-mucosal intravenous distortion (VMCM), glomu-venous abnormality (GVM) related through vascular injuries. These sores can be a dental crisis when dental strategies are performed, for example, extraction, biopsy or careful extraction can drain wildly and furthermore can shows as hemodynamic issue, for example, venous engorgement, distal ischemia and high- output cardiovascular disappointment. Thusly, sufficient treatment of such cases is must necessary. By advance method that MRI,CT AND DOPPLER US and treatment like sclerotherapy, foundational corticosteroids, interferon  $\alpha$ , laser, embolization, cryotherapy, and medical procedure have made the administration of vascular distortions simpler however it generally has been a test for a clinician to choose equivalent to it relies upon patients agelesion site and size.

#### REFERENCES

- [1] Shailaja S, Manika, Manjula M, Kumar L. Arteriovenous malformation of the mandible and parotid gland. Dentomaxillofacial Radiology. 2012; 41(7):609-14.
- [2] Oueis H, Geist JR, Tran MU, Stenger J. High-flow arteriovenous malformations of the mandible and the maxilla: report of 2 cases. Pediatric dentistry. 2010;32(5):451-6.
- [3] Hormozi AK, Shafii MR. Supraclavicular flap: reconstructive strategy for massive facial arteriovenous malformations. Journal of Craniofacial Surgery. 2011;22(3):931-6.
- [4] Churojana A, Khumtong R, Songsaeng D, Chongkolwatana C, Suthipongchai S. Lifethreateningarteriovenous malformation of the maxillomandibular region and treatment outcomes. Interventional Neuroradiology. 2012;18(1):49-59.
- [5] Redondo P (2007) Vascular malformations (I). Concept, classification, pathogenesis and clinical features. ActasDermosifiliogr 98: 141-158.
- [6] Foco F, Brkic A (2013) Vascular anomalies of the maxillofacial region: Diagnosis and management. Intechopen.
- [7] Bhat VS, Arror R, Bhandary S, Shetty S (2013) Traumatic anteriovenous malformation of cheek: A case report and review of literature. Int J OrtholaryangolClin 5: 173-177.
- [8] Barrett WA, Speight PM (2000) Superficialarteriovenoushemangioma of the oral cavity. Oral Surg Oral Med Oral Pathol Oral RadiolEndod 90: 731-738.

- [9] Doifode D, Damle SG (2011) Vascular malformation of buccal mucosa: A case report. IJCD 2.
- [10] Karim AB, Lindsey S, Bovino B, BerensteinAJJoO, Surgery M. Oral surgical procedures performed safely in patients with head and neck arteriovenous malformations: a retrospective case series of 12 patients. 2016; 74(2): 255. e1-. e8.
- [11] Behnia H, Jafarian M, Dehghani N, Dehghani S, SeyedanKJJoCS. Comprehensive treatment and rehabilitation of a patient with maxillary arteriovenous malformation. 2014; 25(5): e463-e7.
- [12]Hormozi AK, Shafii MR. Supraclavicular flap: reconstructive strategy for massive facial arteriovenous malformations. Journal of Craniofacial Surgery. 2011;22(3):931-6.
- [13] Shailaja S, Manika, Manjula M, Kumar L. Arteriovenous malformation of the mandible andparotid gland. Dentomaxillofacial Radiology. 2012; 41(7):609-14.
- [14] Meila D, Grieb D, Greling B, Melber K, Jacobs C, Hechtner M, et al. Endovascular treatment of head and neck arteriovenous malformations: long-term angiographic and quality of life results. 2016:neurintsurg-2016-012570.
- [15] Vaidya S, Tozer KR, Chen J, editors. An overview of embolic agents. Seminars in interventional radiology; 2008: Thieme Medical Publishers
- [16] Taskn U, Yigit O, Sunter VA, AlbayramSMJJoCS. Intraoral excision of arteriovenous malformation of lower lip. 2010;21(1):268-70
- [17] Doifode D, Damle SG (2011) Vascular malformation of buccal mucosa: A case report. IJCD 2.
- [18] Correa PH, Nunes LC, Johann AC, Aguiar MC, Gomez RS, et al. (2007) Prevalence of oral hemangioma, vascular malformation and varix in a Brazilian population. Braz Oral Res 21: 40-45.